

FRESH SQUEEZED JUICES \$6

MORNING SQUEEZE
orange

SIMPLE BOOST
grapefruit

POWER DRIVER
orange, carrot, ginger

WAKE UP
carrot, beet

ARISE
orange, raspberry

STIMULATE
pomegranate, tangerine

SMOOTHIES \$7

STRAWBERRY BANANA BLISS
banana, strawberry, orange

OUTRAGEOUSLY BLUE
blueberry, banana, pineapple

PINEAPPLE PUNCH
pineapple, mango, lime

PEACH PERFECTION
peach, mango, white grape

HIGH PERFORMANCE BLEND \$9

SOY POWER
soy milk, banana, mango, pineapple
vanilla whey protein

MONA-VIE 2oz SHOT \$7
açai, wolfberry, purple grape

PROTEIN PUNCH
skim milk, banana
chocolate whey protein

SUPPLEMENT SHOT \$2
ginseng ginkgo echinacea
lecithin aloe

BAKERY

CROISSANT \$4
plain, chocolate

HOUSE MADE MUFFIN BASKET \$7
banana cherry
carrot raisin
blueberry crumble

NEW YORK BAGEL \$4
plain, sesame, onion
cinnamon-raisin, poppy seed
with cream cheese \$6

CEREALS \$7

CORNFLAKES

BRAN FLAKES

FROSTED FLAKES

CHEERIOS

RAISIN BRAN

SPECIAL K

RICE KRISPIES

SHREDDED WHEAT

HONEY NUT CHEERIOS

CHEESE selection of three \$8, selection of six \$15

COOP BLACK RIVER BLUE
wisconsin

CYPRESS GROVE HUMBOLDT FOG
california

CABOT CLOTHBOUND CHEDDAR
vermont

SARTORI STRAVECCHIO
wisconsin

ROTH KASE SOLE, GRAN QUESO
wisconsin

WESTFIELD FARM, CLASSIC BLUE LOG
massachusetts

BEVERAGES

COFFEE
regular/decaffeinated \$3.5
cappuccino \$5
café latte \$5
espresso \$4
double espresso \$5

PREMIUM TEA \$4
peppermint
sencha green tea
chamomile
english breakfast
hot cinnamon spice
earl grey supreme
decaffeinated ceylon
rooibos chai

HEALTHY

FRUIT \$10

melon, pineapple, berries

BERRIES \$10

strawberry, raspberry, blueberry
blackberry

MUESLI \$9

strawberry, pistachio, orange

YOGURT \$6

plain, fruit

GRANOLA \$10

homemade, almond, orange
with yogurt \$12

FRENCH VANILLA YOGURT CRUNCH \$12

granola, raspberry, pineapple

STEEL-CUT OATMEAL \$10

PLAIN

CINNAMON-RAISIN SWIRL

MIXED BERRY

CHERRY

BANANA BRITTLE

STRAWBERRY SHORTCAKE

OATMEAL SAMPLER your choice of any three

PANCAKES, WAFFLES & FRENCH TOAST

BUTTERMILK \$12

pancakes, fresh strawberries

BELGIAN WAFFLE \$12

fresh berries

CINNAMON BRIOCHE FRENCH TOAST \$12

berries, meyer lemon cream

LEMON BLUEBERRY \$14

pancakes, vanilla mascarpone

EGGS, OTHERS

CREATE AN OMELET \$16

whole egg or egg white with your
selection of three: tomato, bacon
cheddar, american, low-fat muenster
feta, asparagus, peppers, onions
mushrooms, sausage

ANY STYLE \$12

eggs, potato

ANY STYLE WITH \$15

thick cut applewood bacon
pork link sausage, turkey bacon
or black forest ham

FARMERS OMELET \$16

egg white omelet, market vegetables
low-fat muenster, turkey bacon

OPEN FACE EGG WHITE OMELET \$16

stewed tomatoes, shaved asparagus

COUNTRY BREAKFAST \$16

three eggs any style, ham steak
cheddar cheese biscuit, pan gravy

SMOKED SALMON PLATTER \$17

bagel, cream cheese, tomato, capers

BENEDICTS

TRADITIONAL \$14

canadian bacon
hollandaise

SALMON \$16

scottish smoked
chive hollandaise

MAINE LOBSTER \$16

avocado
citrus hollandaise

SIDE DISHES \$6

BLACK FOREST HAM

PORK LINK SAUSAGE

TURKEY BACON

THICK CUT APPLEWOOD BACON